



**Ice, ice, baby!**

Singlegate have been lucky enough to take part in a jam-packed month of ice skating fun! From workshops to themed assemblies; we've done it all.

Some classes were even



given an amazing opportunity to have their very own ice skating lessons. Piccadilly and Southwark classes had the time of their lives, learning lots of different skills on the ice. A Piccadilly child quoted, 'My favourite part of the workshop was falling over and trying to learn different skills, because it was fun getting taught lots of things and trying to do them ourselves'.

'It was hard to balance and stop on such thin blades, but I grew more confident with the help of my friends,' said Southwark Class.

**Dear Families,**



The whole school were privileged to meet a professional ice skater- Philippa Towler Green. She shared her profession expertise and top tips during a whole school assembly and some classes even participated in some workshops!



We were taught different exercises that she used as part of her every day routine including: seated squats, the plank, press-ups, balances and mountain climbers etc.

Now let's test your ice



skating knowledge, with a quiz!

**What is the name of the famous ice skating show?**

- a.) Strictly Come Ice Skating**
- B.) Dancing On Ice**
- C.) Dancing On Skates**

**Next Month:**

Keep dancing! Next month's spotlight on sport is Dancing!

Until next time,

**Josie and Dominic**